## TYPES OF CONCENTRATES

Navigating through the best concentrate for you can be as tricky as they are sticky. Products vary in consistency and cultivation method—creating an array of glistening, aromatic choices, all high in potency.

#### Shatter

Reigning in popularity, shatter has a glasslike consistency created from BHO and PHO extracts. Store your shatter in parchment paper, and when consuming break off pieces or warm your dabber to grab a slab.

#### Crumble

With tons of THC and other cannabinoids, this BHO gets its name from its consistency—it's crumbly. Store this concentrate in a glass or silicone container for protection, and steer clear of parchment paper.

#### Rosin

Made without the use of solvents, rosin is the most natural extract available. Commercial rosin is created with an industrial press resulting in a sticky, brittle substance that boasts the flavor and potency of shatter, without the solvents.

#### Budder

This peanut butter-esque substance is made by whipping wax in a process that creates a higher moisture content. Budder boasts tons of terpenes! But, be sure to store it in an airtight, light-proof glass jar, because this concentrate is sensitive.

#### Live Resir

This concentrate is the product of freshly harvested cannabis and subcritical temperatures. Frozen prior to and throughout the extraction process, resin is extremely rich in terpenes, aroma, and effect.

#### Distillate

Cannabinoids are distilled to create this sappy substance that can contain higher active THC levels than BHO, PHO, CO2, and flower. Ringing in at 99%, distillate is considered the future of concentrates due to its versatility.





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## WHAT ARE DABS?

## HOW TO DAB

Curious about the sticky, crumbly deliciousness glistening under the dispensary display case lights? Dabs are made by stripping THC resin and other cannabinoids from the plant, resulting in seriously potent levels. One dab delivers more THC than multiple puffs of a joint, and the trendiest way to smoke is quickly becoming most veteran consumers' favorite method. Patients love dabbing because it delivers swift and powerful effects that relieve chronic pain and extreme nausea.

Newbies take note: There are a few ways to smoke dabs, but it's best to use an oil rig. Similar to a water pipe, rigs are glass pieces with an added bonus: a nail made from quartz, ceramic or titanium that is heated and used to vaporize the extract.

Ready to dabble? Yo Dabba Dabba is here to help you lock down a delicious dab experience every time. Because the process is slightly more complicated than loading flower into a bowl, we're breaking down the steps and accessories needed to set you up right.



Heat your nail with a torch, focusing the flame at the base of the nail for 30 to 60 seconds.



Turn your torch off and allow the nail to cool for 10-60 seconds, depending on the type of nail and your temperature preference. Take this time to load your dabber.



Place your dabber against the inside wall of your nail and inhale as the extract begins to melt.



As you continue to inhale, place the carb cap on your nail to help maintain the proper temperature. Exhale and enjoy!

# DO'S & DON'TS OF DABBING



## DAB DO'S

- Secure a Yo Dabba Dabba rig and nail
- Lock down essential accessories: Torch or eNail, dabber, carb cap, and pearls
- Invest in some quality concentrates at your local dispensary (Look to our Types of Concentrates guide for some pointers.)
- Invite some friends over
- Be patient and wait for your nail to cool down (Use a timer if nec



## **DAB DON'TS**

- Don't touch the hot nail
- Don't over-dab
- Don't go in too hot
- Don't burn yourself on the torch
- Don't throw down a hot dabber